



# Board Bound Wake LLC Summer Surf Camp

## Parent Handbook

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## **Introduction**

### **Introduction to Our Week-Long Summer Camp**

Welcome to Board Bound Wake, LLC's summer camp for kids ages 8-14! We're thrilled to have your child join us for an exciting week of water sports and fun on the beautiful Lake Austin or Lake Travis. At Board Bound Wake LLC, we are dedicated to providing a fun, safe, engaging, and educational experience for all our campers.

Our camp offers a unique opportunity for your child to learn and enjoy a variety of water sports, including wake surfing, wakeboarding, and tubing, under the guidance of our professional instructors. Each day, your child will develop new skills, build confidence in the water, and make lasting memories with new friends.

To ensure the highest level of safety and instruction, there will always be three staff members on the boat at all times:

1. **Boat Driver:** A licensed boat captain solely focused on driving the boat and ensuring a safe and smooth ride.
2. **Water Sports Instructor:** A professional instructor dedicated to teaching and assisting your child in the water, providing personalized attention and guidance.
3. **Activity Coordinator:** This staff member will take professional photos to capture the fun moments and keep an eye on the kids on the boat, ensuring they are safe and engaged.

Safety is our top priority, and we maintain strict protocols to ensure a secure environment for all participants. We look forward to a fantastic week of adventure and learning on the water with your child! Thank you for entrusting us with this exciting opportunity to inspire and educate the next generation of water sports enthusiasts.

Lunch, healthy snacks and drinks will be provided everyday. Kids are welcome to bring their own lunches as well. Kids can bring their Stanleys and Yetis and we will refill their water. Please list dietary restrictions or food allergies in the google form for camp registration.

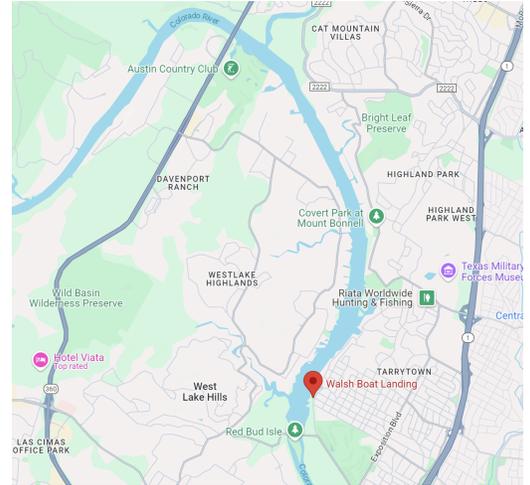
We encourage you to have a good healthy breakfast each morning to prepare for a full day of activity. We also encourage you to apply sunscreen to your child every morning prior to camp. We will reapply throughout the day.



## Summer Dates and Locations

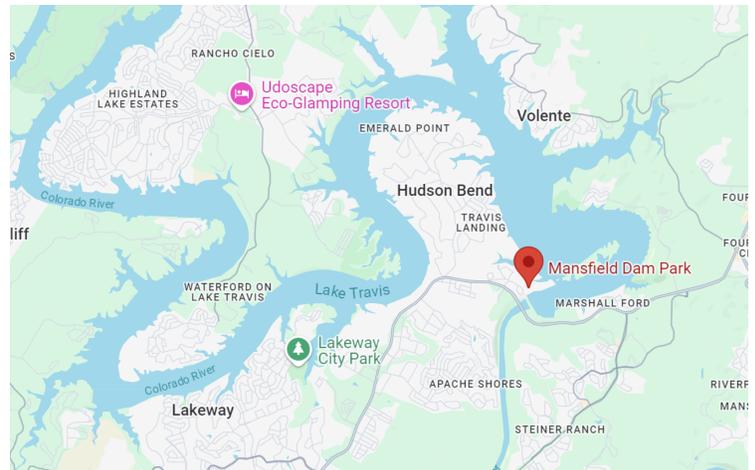
### Lake Austin

- Pickup and Drop-off at Walsh Boat Landing
- Address: 1600 Scenic Dr, Austin, TX 78703
- Walsh Boat Landing does not have an entrance fee. Pickup and drop off will be next to the boat ramp at the boat parking area in front of the benches.



### Lake Travis

- Pickup and Drop-off at Mansfield Dam Park
- Address: Mansfield Park Dr, Austin, TX 78734
- Mansfield Dam Park has a \$5 entrance fee, however this is covered in the camp fees. One of us will be at the entrance to the park letting campers through.





## **Typical Day on Lake Austin and Lake Travis**

**9 am** - Pick Up kids at Walsh Boat Landing on Lake Austin or on at Mansfield Dam Park for Lake Travis

**9:00 - 9:30 am** - Orientation, Water safety discussion. Land-based training. Warm-up and Stretching.

**9:00 am - 12 pm** - Morning wakesurf and wakeboard session on the boat. Swim and snack breaks.

**12 pm - 12:30 pm** - Lunch, Half Day Camper Pickup

**1:00 pm** - Afternoon wake surfing session and other swimming activities

**2:45 pm** - Head back to drop kids off

**3:00 pm** - Afternoon Parent Pickup at Walsh Boat Landing on Lake Austin and at Mansfield Dam Park for Lake Travis.



## **Wake and Surf Coaching**

**Coaching philosophy:** It is our goal at Board Bound Wake LLC to help each participant to have a safe and fun introduction to watersports. We focus on reducing hard falls while setting small attainable goals. In the early stages of learning a new sport, a participant is more likely to give up if they get hurt. We avoid these hard falls by tailoring boat speeds, boat wakes, and coaching methods to each individual participant. On the other hand, a participant is more likely to continue with the sport if they feel accomplished. At Board Bound Wake LLC we break everything down into smaller tricks. Getting up, cutting side to side, and riding over the wake are all tricks. We applaud and congratulate these tricks equally.

**First Time:** For a participant learning to ride for the first time we always start them on a wakeboard. We start with drills in the water at the swim platform. We teach the proper form and positioning of knees bent and arms straight, freeze in this position, and let the boat pull you up. After completing the drill a few times and correcting and reinforcing skills, we will start the boat and retry. If a participant doesn't get up after 3 tries we will stop the boat and do more drills at the back platform. If they continue to be unsuccessful we will move them to the surf rope on a wakeboard.

**Riding speed:** It is best practice to keep riding speed as slow as possible. This will greatly reduce hard falls. Even if a participant usually rides at a faster speed, we will slow the boat while learning a new trick. Then work the trick back up to their usual speed.

- Surfing speed 10.5 - 11.5 MPH
- 12-16 MPH: No experience or just riding behind the boat.
- 17-18 MPH: Learning to cross over the wakes and back in. The slightly faster speed will clean the whitewash off the wake making crossing much easier.
- 19-22 MPH: Learning to jump the wake and more advanced tricks.

**Wakeboard Ballast:** We do not add any ballast until a participant can jump wake to wake.  
Proper progression

- a. Getting up and riding
- b. Dropping backhand and riding with good posture
- c. Carving left and right inside wakes
- d. Crossing over the wake and back in on heel side and toe side.



## **Special Activities**

Special activities include swimming, games, swim pad, surfing, and tubing. Each day will have a set activity according to the weekly schedule.

### **Tubing:**

- 15 - 18 mph is the perfect speed for tubing and never exceed 20 mph.
- We will keep it fun but safe
- We split the campers into groups of two or three and rotate through each group
- We take the tube to the main lake. Stay away from the other boats

### **Surfing:**

- We give equal turns of around 10 minutes and continue the rotation letting each camper go multiple times
- We coach rides on the back of the boat with the rest of campers on the boat
- We always keep safety a priority.

### **Swimming, Games**

- To let everyone cool off and rest in between lessons we will let the campers swim and play games.



## **What to Pack**

1. Swimsuit (Please arrive dressed for the lake)
2. Backpack
3. Sunscreen (Please apply sunscreen prior to arrival)
4. Water bottle
5. Towel
6. Hat
7. Rashguard or sun-protective shirt
8. Personal wakeboard, wakesurf, life jacket, and riding equipment (OPTIONAL)

Please leave VALUABLES at home, you will not need them in the water



## **Emergency Procedures**

Emergency Plan for Board Bound Wake, LLC Summer Camp  
Emergency Contact Information:

Camp Director: Kaden Lytle, 832-916-6514, [bbwakecharters@gmail.com](mailto:bbwakecharters@gmail.com)  
Assistant Director: Hudson Hale, 737-222-0888, [bbwakecharters@gmail.com](mailto:bbwakecharters@gmail.com)  
Local Emergency Services: 911

Medical Emergencies:

Immediate Action:

Contact Emergency Services: Call 911 for serious injuries, providing details of the situation.

Notify Parents: Inform parents about the incident and actions taken.

Transportation: Arrange for transport to the hospital if necessary.

Water Emergencies:

Immediate Action: Stop the boat; the instructor assists the camper in the water.

Contact Emergency Services: Call 911 if needed, providing details of the situation.

Notify Parents: Inform parents of the incident and actions taken.

Administer First Aid: Provide first aid until emergency services arrive

An emergency kit with first aid supplies and safety equipment is available on the boat.

Parental Involvement:

Parents must provide up-to-date emergency contact and medical information for their child. Parents will be promptly informed of any incidents involving their child. By adhering to these procedures, Board Bound Wake, LLC is committed to ensuring a safe and secure environment for all campers.

Inclimate Weather Backup Dates:

June 16th - 20th will be the backup dates for the first two Lake Austin and Lake Travis camps.

July 14th - 18th will be the backup dates for the second set of Lake Austin and Lake Travis camps.

July 28th - August 1st will be the backup dates for the third set of camps on Lake Austin and Lake Travis.



## **Camper Rules**

### **Safety policies:**

1. The driver's seat and steering wheel area are off-limits to campers
2. Please stay seated while the boat is moving
3. Walkthrough windshield are to remain open at all times.
4. Equipment will be handled by coaches only unless special instructions are given (ropes, boards, board rack)
5. **All participants (no matter their age) must wear a life jacket at all times.**
6. No cursing or profane language, use positive talk
7. Keep your hands to yourself. No pushing or shoving campers or counselors.
8. While swimming, stay close to the boat, as other boaters may not be able to see you.
9. Respect the coaches & follow instructions. These rules are here so we can have a fun & safe time. (ex. Getting on or off the boat; no getting off the boat without permission).

## **Professional Pictures**

At the end of each day a google drive folder with the kids names and professional pictures will be shared to all the parents to their email provided.